



The Hashemite University
Faculty of Applied Health Sciences
Department of Clinical Nutrition and
Dietetics

Department Clinic

Nutrition Clinic:

Teaching the nutritional assessment course so that students assess the status of the clients in the clinic through conducting tests and measurements and knowing the dietary pattern of the clients, in addition to plan diets that include the necessary calories and the necessary nutrients, according to the health status of clients and their requirements. Also monitoring and evaluate the compliance of the clients and assessing the extent of benefit from the nutritional programs and providing consultations and instructions for an appropriate healthy lifestyle, such as encouraging exercise and movement. Clinical nutrition and clinical nutrition laboratories for children are also given in this laboratory so that students learn methods of planning diets appropriate for each case.

The Community Rehabilitation Center Clinic:

In this clinic, assessment services, counseling, nutritional education and planning appropriate diets are provided to treat persons with disabilities.